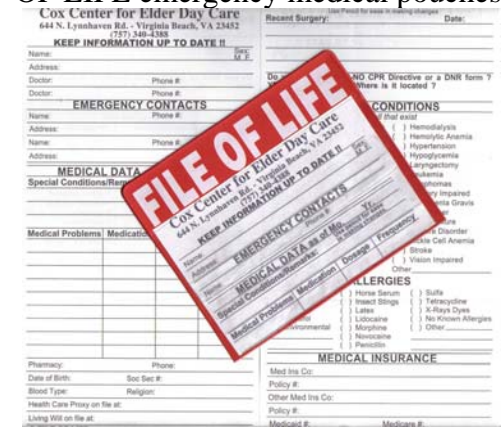


TIMELINE
The First 30 Years: 1975-2005

9/28/97: Building at 644 N. Lynnhaven Road dedicated
 (on the grounds of St. Nicholas Catholic Church in King's Grant)



2004: begin free distribution of FILE
 OF LIFE emergency medical pouches



1975: Mary Ellen Cox & others
 start center, with \$13,000 grant from
 Commonwealth of Virginia (SEVAMPS)

7/7/75: first client at Bayside
 Community Christian
 Church on Greenwell Rd

7/13/87: name change to
**M. E. Cox Center for
 Elder Day Care, Inc.**



1980: Sharon Goumas named as
 Executive Director



1990: purchase bus for client transportation

6/5/75:
 Incorporated as “The Center
 For Leisure Activities for Older
 Adults, Inc.” (a 501-c-3 nonprofit)